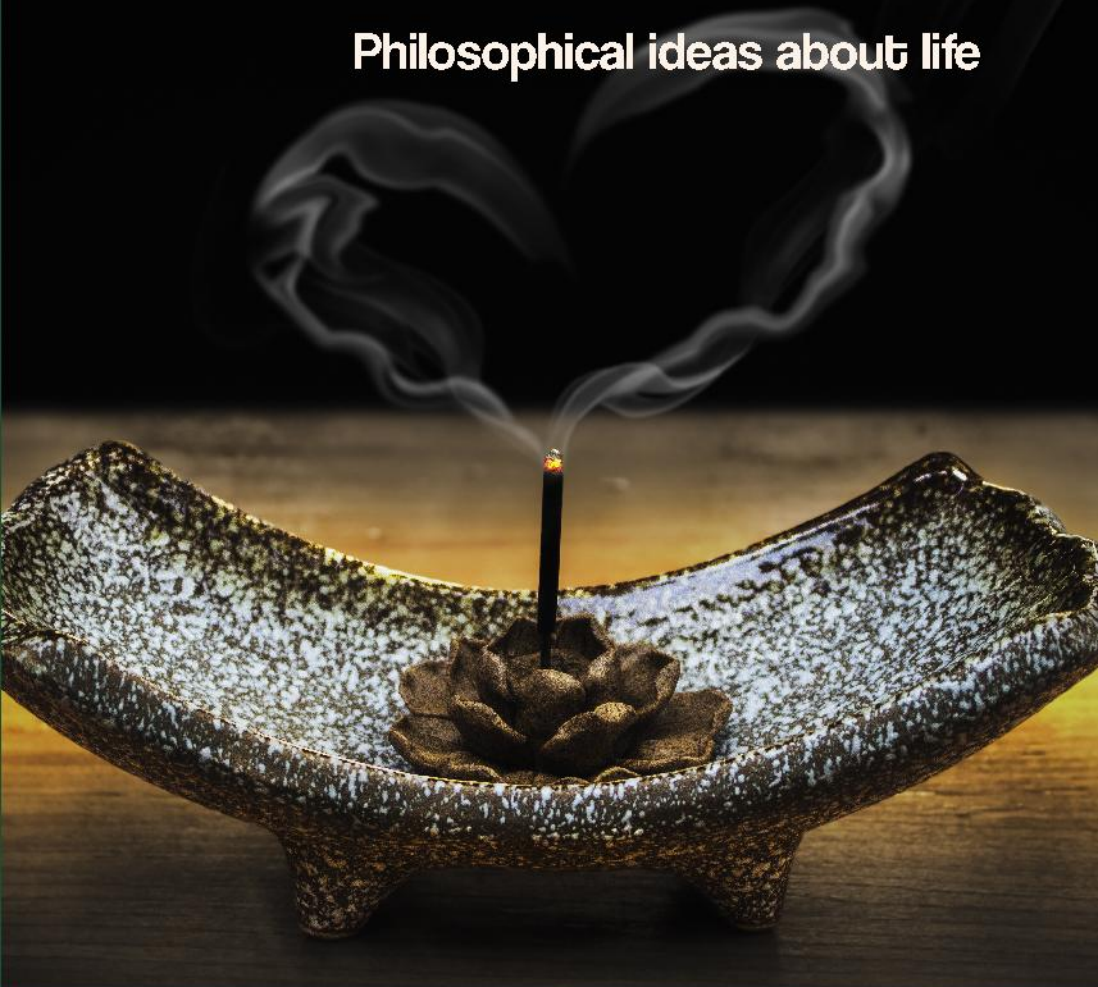


LIFE and your dreams

Philosophical ideas about life



Vasile HATEGAN

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Vasile HAȚEGAN

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Message

Vasile Hategan has written what amounts to a compilation of every personal development, self help book on the market today.

Life and Your Dreams has answers to virtually every problem that exists. Visualization, imagination, self sabotage, relationships, health, healing, self esteem and confidence, it's all there and more, much more.

As the author of eight personal development books myself I bow to a master. I highly recommend if you are truly interested in the joy of living that you read it, and then like myself, reread it. Your life will change – your life will get better, and you will evolve into a person with an attitude that attracts only the good things in life.

Burt Goldman

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INTRODUCTION

The present book can be a round-up of some ideas regarding the concept of human life and of those dreams, in the form of goals that are created during our entire life.

The idea of writing this book came up as a result of my interaction with people interested in discovering themselves, and who have been looking for other ways of changing their lives for a long time. As a result of their questions, or my own dilemmas, I realized that you have to try and understand how life functions, and then you will be able to play by its rules.

I have tried to synthesize these ideas in order not to bore the reader, bringing in certain directions, as well as pieces of advice that can be followed, and can simply help us understand life.

The topics presented in this book related to life and our dreams belong to some personal lectures I have given as part of courses on personal development, organized for a large number of people interested in the abilities of the human mind since the year 2007. I hope that this book will be a help and support for those who are willing *to understand life differently*.

In this book I will also talk about our dreams and what we can do to make them true every time.

This piece of work was, at the beginning, a mere intention to gather and write down some of the ideas that can be useful for us in learning about the dream state, and then turn it into a reality of our lives.

Here you will find the author's suggestion that you could turn every dream of yours into a reality, one that can be a part of your life starting from this moment.

The urge to go on with this book also came from the fact that I have met my former high school classmates this year, as part of the meetings held regularly once every ten years.

This is an event that has a certain tradition in the life of every high school graduate. While I often thought about this high school reunion with my former classmates, numerous images of my life as a high school student began to appear in my mind, glimpses of that life I spent together with all those young people, the way in which we used to dream about what we were going to do with our lives.

To me, and maybe to many other people, that teenage period is the one provoking you to dream the most, in the way that you are making plans for your future life, what you want to

become when you graduate from some kind of formal education.

The kind of dreaming I am referring to started, in fact, much earlier, in our childhood, the time when we unleashed our imagination and let our mind create a great deal of scenarios for us, all these unfolding as a game.

During childhood, we were doing this in the form of a game we were playing, each of us in our own way, characteristic for that period of our life. With the innocence of that age, we used to project ourselves mentally into the games imagined in our mind, then we invited other children to join the script of the game up to a point in which, many times, on a mental level, we could not make a clear distinction between what was real and what was imaginary. Every one of us can remember those childhood moments, in which the imagined reality of a game was felt by our mind as being another reality.

I remember how I used to get angry when a member of my family was telling me to go inside the house and, by doing this, pulled me out suddenly from the world of games, bringing me back into the normal reality. My anger back then was caused, in fact, by my desire to continue the game that had been accepted unconditionally by my mind.

Those imagined conditions of our childhood games were the natural elements specific for the later dreaming, and we had better remember them when we are adults, so that we could be able to follow our dreams and, why not, even those we used to have in our childhood.

Even meaninglessly, we sometimes remove those childhood dreams from our life, the dreams about: *what we want to be when we grow up*, letting ourselves be fooled by the rational aspect of life, the one that shows us other ways, or makes us believe that those dreams are simply *childish dreams* of those years of our life.

At this moment, I am going to share with you some of my solutions regarding the ways in which we can get back that great child, sometimes hiding inside of us, while we are unwilling to take him or her into consideration as adults.

This is happening because, as adults, we are simply viewing life in another way, and our brain alters its working frequency as soon as we have moved into adulthood.

This change brings the altering of our perception about the world we live in, and we will begin to understand it differently than we used to during our childhood years.

This new perception brings along new arguments, and it will find other solutions to be applied, but those could put a stop to, or eliminate those childhood dreams.

The arguments we find are accurate within the new adult reality, governed mostly by logic and rational thinking, whereas the creative and imaginary side will be cast into the shadow, or even go unnoticed.

As adults, we mostly count on the rational solutions found by our minds, and this fact could sometimes hinder the process of turning a dream into reality. According to our convictions and the upbringing we have received, we even come to the wrong conclusions about life and blame destiny, telling ourselves that it was meant to be.

In fact, we are the only ones who, adopting this attitude of grown-ups, block the child within us, the one who can have other solutions, or who can find other ways of accomplishing a dream. My advice in this book is to discover the child in us together, to get to know him or her again, and accept him or her in our lives; he or she will help us find the easiest and most natural way to make any dream come true.

Our success will also be built on the confidence we are going to put into the child we got back again, the one we failed to notice so many times so far.

I myself have been suddenly awakened into the reality of the adult by the people who loved me, and now I am referring to my family members and, afterwards, my teachers and colleagues, people who showed me only a side of life and prepared me in this respect, having the conviction that they were helping me to live my life properly.

This is how I moved rather quickly from the world of childhood, based on creativity and imagination, to the logical and rational world in which we enjoy living as adults.

Now I invite you to discover together other ways of accomplishing our dreams, ways that we have known for a long time, but have ignored up to this moment.

I wish the pages of this book help you discover the answers you are looking for, and give you the courage to put the principles into practice, so that you can turn all your dreams and desires into a reality.

Let this be a reality created by the force of your mind.

Have a wonderful life!

Timișoara, March 2014
Vasile Hațegan

**Part ONE -
LOOK AT YOUR LIFE
DIFFERENTLY**

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1. Life as a Gift

Writing a book is a gift. This book is like a gift, for me and, why not, for the entire mankind.

My initial intention was to give the book this title, but later, all the ideas that came into my mind helped me 'look at life differently', so that I could 'accomplish my dreams', and much more.

However, a true living is also about acknowledging the gifts that come into your life.

By chance, or not, I got the idea for this book in the first days of this year, a period of time that always symbolizes a new beginning for me. Now the beginning refers to writing down my thoughts and giving them this design, and then presenting them to other people as well, to those who are in search of information that could help them *understand life differently*.

It is often said that, when we are ready to understand a certain fact in our life, the necessary circumstances will appear in order for us to find out the information we have been looking for or, in other words, when the student is ready, the teacher will arrive, and he offers the required help.

In the pages of this book, I will try to give a presentation of these concepts about life and dreams, seen from different perspectives, the way we sense them, in fact, during our journey along the unique experience called simply: LIFE.

ACCEPT THE GIFT OF LIFE and you will not regret it.

At this moment, look at life as a gift of the Universe to you.

Thus, you will be able to appreciate your life more, to see it as a gift you totally deserve. Accept this gift, as you do not have to do anything in return. This is how you will be able to live every day of your life beautifully. Remember: gifts should not be refused.

Together, now we are going to try to discover the beauty of this gift offered to us, humans.

We enter this experience in the moment we are born, a sublime process by means of which we enter the physical world, the world we sense with the help of a well-structured physical body, the body we use in order to perform within this physical dimension.

Continuarea acestui volum o puteți lectura achiziționând volumul de pe

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sau din librăriile noastre partenere.

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BURT GOLDMAN

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